

# Congregational Health Promotion Training Program

*Training Volunteers in Health Ministry*



*Offered by CMC-NorthEast's Parish Nursing and Health Ministry Department.*

## **What is a Congregational Health Promoter?**

A Congregational Health Promoter (CHP) is a layperson serving as a health advocate in a faith community. CHP training formally empowers volunteers for their caring ministry in the church. It enables leaders to educate and motivate a congregation toward health and wellness, and to improve access to health resources. It provides training in promoting healthy life choices and in disease prevention.

## **Goals of CHP training:**

- To identify, educate, and equip volunteers in congregational health ministry.
- To improve health and decrease disparities through faith networks.
- To network and collaborate with existing health ministries.

## **Who can be a CHP?**

Anyone in a faith community who commits to and completes the training can be a CHP. No medical background necessary!

## **What you will learn in this training:**

- The need for health ministry
- How to start a health ministry
- How to survey a congregation
- How to develop a health committee
- Program planning
- Available resources in Cabarrus County and Rowan County

Attendance at all classes is required for graduation and to receive your certificate.

Friday, February 5, 2010 5pm- 9pm

Saturday, February 6, 2010 9am-5pm

Class size is limited to 25 (min. 10)

**Cost is \$50.00**

Classes will be held at CMC-NorthEast Concord, N.C.

For more information or to register,

Please contact Carol Hovey at

704-403-4763 or

[carol.hovey@carolinashealthcare.org](mailto:carol.hovey@carolinashealthcare.org)